2024 TRISTAR CHAMPS TIMETABLE SAT8THJUNE-TRAMP+DMT

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	TRAMPOLINE	DOUBLE MINI
SESSION 1 7.45am 8.00am 8.25am	8U, 9-10, 11-12 Female Floor Warm up Warm up Compete	11-12 MALE Floor Warm up Warm up Compete
SESSION 2 9.00am 9.15am 9.45am	11-12 MALE Floor Warm up Warm up Compete	8U, 9-10, 11-12 FEMALE Floor Warm up Warm up Compete
SESSION 3 10.10am 10.25am 10.55am	13-14 FEMALE Floor Warm up Warm up Compete	17+ FEMALE Floor Warm up Warm up Compete
SESSION 4 11.25am 11.40am 12.10am	17+ FEMALE Floor Warm up Warm up Compete	13-14 FEMALE Floor Warm up Warm up Compete
SESSION 5 1.05pm 1.20pm 1.40pm	15-16 FEMALE Floor Warm up Warm up Compete	13-14 MALE Floor Warm up Warm up Compete
SESSION 6 2.05pm 2.20pm 2.50pm	9-10, 15-16, 17+ MALE Floor Warm up Warm up Compete	15-16 FEMALE Floor Warm up Warm up Compete
SESSION 7 3.25pm 3.40pm 4.10pm	13-14 MALE Floor Warm up Warm up Compete	9-10, 15-16, 17+ MALE Floor Warm up Warm up Compete

- All Finals will run directly after Quals and will include a 1 touch warmup (TRA) and 2 touch warmup (DMT)
- Times are a best estimate based on athlete numbers at time of preparation
- The competition organisers retain the right to run the competition up to 1 hour ahead of schedule
- It is your responsibility to ensure you are present at the marshalling area when called



2024 TRISTAR CHAMPS TIMETABLE SUN 9TH JUNE TUMBLING

SESSION 1

Sub-Jr Int Female & Jr Int FEMALE & MALE

8.45am

9.00am

9.30am

Floor Warm up

Track Warm up

Compete

SESSION 2

10.15am

10.30am

10.45am

13-14 FEMALE

Floor Warm up

Track Warm up

Compete

SESSION 3

11.15am

11.30am

11.40am

15-16 FEMALE

Floor Warm up

Track Warm up

Compete

SESSION 4

9-10 FEMALE, 9-10 MALE & 11-12 MALE

11.45am

12.00pm

12.10pm

Floor Warm up

Track Warm up

Compete

SESSION 5

1.15pm

1.30pm

1.45pm

11-12 FEMALE

Floor Warm up

Track Warm up

Compete

SESSION 6

17+ FEMALE, 15-16 MALE & 13-14 MALE

2.15pm

2.30pm

2.40pm

Floor Warm up

Track Warm up

Compete

- Times are a best estimate based on athlete numbers at time of preparation
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- It is your responsibility to ensure you are present at the marshalling area when called
- Prizegiving will be after each session once results have been confirmed and finalised



2024 NOVICE COMP TIMETABLE

SUN 9TH JUNE

TUMBLING

SESSION 1

3.15pm

3.30pm

3.40pm

Novice Level 4-6

Floor Warm up

Track Warm up

Compete

SESSION 2

4.00pm

4.15pm

4.25pm

Novice Level 2-3

Floor Warm up

Track Warm up

Compete

TRAMPOLINE

SESSION 1

4.00pm

4.15pm

4.25pm

Novice Level 1-6

Floor Warm up

Warm up

Compete

- Times are a best estimate based on athlete numbers at time of preparation
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- It is your responsibility to ensure you are present at the marshalling area when called
- Prizegiving will be after each session once results have been confirmed and finalised

