



## Tri Star Gymnastics

# Participant Behaviour Management

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Tri Star is a busy training environment, and we expect all our participants to participate in a manner that reflects our values of Belong, Respect and Excel. Sometimes coaches need to provide a participant with additional support to realise their training potential because their behaviour is not helpful, in line with our club values or is potentially unsafe. In situations such as these coaches may apply the following steps:

- **1 x Check-in:** Participant will be asked if there is a reason why they are not training to acceptable standards by their coach. Sometimes it is just one of those days and a reminder is all it takes to get back on track.
- **1 x Warning:** Coach will clearly identify unhelpful behaviour to participant and warn them that if they repeat, they will receive a time out.
- **1 x Timeout (2 minutes):** If behaviour continues, participant will be asked to sit to the side (near their group) and to reflect on their training behaviour.
- **Removal from training environment:** If an athlete continues to behave poorly, they will be removed from the training environment and parents will be contacted.

On very rare occasions Tri Star reserves the right to physically remove a participant from the training environment if their behaviour is unsafe for either themselves, other athletes or staff.

**Let's all work towards a positive training culture.**