



## Team Selection Criteria at Tri Star

### **Squad 1 & 2**

Teams will be selected on:

- a. Training group (keeping training buddies together in competition where possible).
- b. Teams where possible.

**Priority 1:** Teams will be selected at the start of the season and stay the same (subject to participation) for the whole season. At this age and stage competition is primarily about participation and not competitive outcomes.

**Priority 2:** We will always form teams where possible (e.g., if there are 6 athletes in a step/level, we will now enter 2 teams of 3 instead of 1 team of 4 and 2 x individuals).

### **Step 1-3, Level 1-3**

Teams will be selected on:

- a. Competition results where available.
- b. Coach observations of training performance (consistency and training attitude).
- c. Aligning training groups with competition groups where possible.

**Priority 1:** Teams will be selected 2 x / season; once before the season and secondly midway through the season. At this age and stage athletes are aware of the difference between effort and ability and this approach softly introduces performance as a selection measure, while at the same time keeping teams together for 2-3 competitions before potentially changing.

**Priority 2:** We will continue to always form teams where possible (e.g., if there are 6 athletes in a step/level, we will now enter 2 teams of 3 instead of 1 team of 4 and 2 x individuals). We want to continue to encourage a team focus.

**Priority 3:** Team selection will also now factor in individual training performance. This is to encourage the athletes to think about how they prepare and their attitude in training (which supports better progress).

### **Step 4+, Level 4+**

Teams will be selected on

- a. Competition results where available.
- b. Coach observations of training performance (consistency and training attitude).
- c. A team configuration that enables the best opportunity for team success (this is not always the best all round scores as some athletes may contribute more on 2-3 events to team total).

**Priority 1:** Teams will be selected 2 x / season; once before the season and secondly midway through the season. This way teams will stay the same for 2-3 competitions before potentially changing.

**Priority 2:** Team selection will also now factor in individual training performance. This is to encourage the athletes to think about how they prepare and their attitude in training (which supports better progress).

**Priority 3:** At this age and stage athletes are mostly training towards regional representation for Nationals. We will form teams of 4 where possible aligned with the Auckland team selection criteria (e.g., if there are 6 athletes in a step/level, we will enter 1 team of 4 and 2 x individuals).

Our hope is that this criteria gradually introduces performance based team selection, keeping a balance of competitive and social experience.