



## ARTISTIC GYMNASTICS

### MIXED

#### 5-7 years

Monday 3.45-4.45, 4.45-5.45  
Tuesday 3.45-4.45, 4.45-5.45  
Wednesday 3.45-4.45, 4.45-5.45  
Thursday 3.45-4.45, 4.45-5.45  
Friday 3.45-4.45  
Saturday 10.30-11.30, 11.30-12.30  
Sunday 11.30-12.30

#### 7-9 years

Saturday 11.30-1.00

Sunday 1.00-2.30

#### 9-11 years

Monday 5.45-7.45

### GIRLS ONLY

#### 7-9 years

Monday 4.45-6.15  
Tuesday 4.45-6.15  
Wednesday 4.45-6.15  
Thursday 4.45-6.15  
Friday 4.45-6.15

#### 9-11 years

Tuesday 5.45-7.45

Thursday 5.45-7.45

#### 10-16 years

Thursday 6.15-8.15

Saturday 1.00-3.00

### BOYS ONLY

#### 7-9 years

Tuesday 4.45-6.15  
Wednesday 6.15-7.45

### EXTENSION

This class is for children needing a greater challenge, there is more focus on strength and flexibility.

6-8 years Friday 4.00-6.00

## FREESTYLE

### TUMBLING

#### 5-8 years

Wednesday 3.45-4.45  
Saturday 11.30-12.30

#### 8-11 years

Wednesday 4.45-6.15  
Friday 4.45-6.15  
Saturday 9.00-10.30

#### 11-16 years

Friday 6.15-8.15

### TRAMPOLINE

#### 5-8 years

Tuesday 3.45-4.45  
Thursday 3.45-4.45

#### 8-11 years

Tuesday 4.45-6.15  
Thursday 4.45-6.15  
Saturday 11.30-1.00

#### 11-16 years

Thursday 6.15-7.45

### PARKOUR

#### 5-6 years

Tuesday 3.45-4.45  
Saturday 8.30-9.30

#### 7-9 years

Thursday 4.45-5.45

#### 10+ years

Thursday 6.15-7.45

## OTHER OPTIONS

### FREESTYLE COMBO

#### 5-7 years

Thursday 3.45-4.45

#### 7-9 years

Tuesday 4.45-6.15

#### 10+ years

Tuesday 6.15-7.45  
Saturday 9.30-11.00

### ADULTS

#### 16-99 years

Tuesday 7.45-9.15  
Thursday 7.45-9.15

### TERM FEES

1 hour class \$175

90 minute class \$205

2 hour class \$265

All fees are due at time of enrolment a spot in a class is not secure until fees have been paid in full

Novice Competition and Private Training Options are available please visit the Novice Competition and Private Training pages of the website for more information.