



Tri Star Update on Coronavirus, 11 August

Hello Tri Star families,

Most of you will have seen the recent announcement of the move to Level 3 restrictions for all of Auckland effective 12pm, Wednesday 12 August. In response to this we have cancelled all activity within the facility *effectively immediately* so that we can use tomorrow morning to prepare and support our staff for possibly a longer time in lock down.

We will stay abreast of all government announcements in the coming days and will communicate any updates for our operation as we have them. It is likely that all classes will be cancelled for the remainder of the week.

I have attached our alert level plan as a reminder of Tri Stars response under Alert Level 3. Please note there will not likely be any online programme delivery before next week should that be required. We do encourage you all to stay active and to access some of the content we have previously supplied (youtube workouts, programme videos, S&C programmes etc) to keep motivation up.

Nobody wanted this outcome and I'm sure the news will come with some frustration. I do want to acknowledge Dido and the Remuera Schools competitions scheduled for this Thursday, and our Tramp and Tumble athletes who are scheduled to compete in their first Super Series events this weekend (cancellation TBC). Terrible timing as I know you have been looking forward to getting out there again.

Stay safe Tri Star team & keep up to date via our socials, website and email.

Warm regards,

David Phillips

General Manager