

NINJA COURSE

A face paced activity designed to put speed and agility to the test

EQUIPMENT GAME

In teams children try to cross the floor using only the pile of equipment assigned to their group

GYMSPORTS

Soccer and Softball played in a gym setting using improvised bats, balls and goals

FOAM FUN

The foam pit is always a favourite spot in the gym this activity takes foam to a whole other level by building forts with the foam

PIT PLAY

The foam pit is a great place to learn new tricks, its also a wonderful soft space to play and muck around in

OBSTACLE COURSE

Try to make it over, under or through all the equipment without touching the ground

AMAZING RACE

Children work in teams to complete a series of physical and mental activities to see which team is the fastest

MASTER CHEF

Your chance to show your culinary skills creating some delicious food!

MOVIE MANIA

Sit back relax and watch a movie a great way to end a busy week.

DISCO DANCE OFF

It's time for some music, lights and dancing in our dark room! See who has the best dance moves

TREASURE HUNT

Follow the clues to see if you can figure out where the treasure is! This hunt will take you all around the gym.

PARTY GAMES

Pass the parcel, musical statues..... You don't need to be having a birthday to enjoy these games.

WHEELS TIME

Bring a Scooter/Bike/Skates or a Skateboard (and a helmet of course) and ride around Keith Hay Park!

ATHLETICS

Running, Throwing, Jumping and more taking full advantage of the park outside (or improvising inside the gym)

PLAYGROUND

We are lucky to be right near 2 great outdoor playgrounds and its always good for the children to get some fresh air

TRAMPOLINE

With lots of trampolines around the gym and this is a chance to practise some old and learn some new tramp tricks

TUMBLING

Forwards rolls, cartwheels, handstands round offs and somersaults perfect for the child flipping around the place

PARKOUR

The most freestyle movement option around learn how to jump roll and climb over objects faster in your own way