



2020 GYM FOR ALL PRESCHOOL AND AFTERSCHOOL ONLINE TIMETABLE

PRESCHOOL \$40

(30 min sessions)

1-2 year olds

Thursday 9.30

Friday 9.30

2-3 year olds

Tuesday 9.30

2-4 year olds

Monday 9.30

Wednesday 10.30

Thursday 10.30

Saturday 9.30

Sunday 10.30

3-4 year olds

Monday 10.30

Wednesday 9.30

Thursday 3.30

Friday 1.30

Sunday 9.30

SCHOOL AGE \$45

(40 min sessions)

BOYS ONLY

5-7 years

Tuesday 3.45

7-9 years

Tuesday 4.45

MIXED

5-7 years

Monday 3.45

Tuesday 3.45

Wednesday 3.45

Thursday 3.45

Friday 3.45

Saturday 10.30

GIRLS ONLY

7-9 Years

Tuesday 4.45

Thursday 4.45

Saturday 11.30

9 years +

Thursday 5.45

OTHER ONLINE OPTIONS \$45

(40 min sessions)

TUMBLING

5-8 years

Monday 4.45

8-11 years

Wednesday 4.45

CONDITIONING

5-9 years

Thursday 3.45

10+ years

Thursday 4.45

FLEXIBILITY

Beginner

Friday 3.45

Intermediate

Friday 4.45

COMBO

8+ years

Tuesday 5.45

PARKOUR

5-8 years

Thursday 5.45

NOVICE COMP & EXTENSION \$50

(50 min sessions)

5-6 years girls

Monday 3.30

Friday 3.30

7-8 years girls

Tuesday 3.30

8-9 years girls

Wednesday 5.00

Friday 5.00

5-8 years boys

Wednesday 4.00

10 and over girls

Monday 5.00