

## Covid-19 Update: 24 March 2020

Dear Tri Star Community,

Following yesterday's announcement that we will be entering into **Alert Level 4** for at least 4 weeks, we wanted to update you on how things may look at Tri Star over this time.

The physical gymnastics facility will be closed for the duration that the country is in Alert Level 4. Once the alert level is lowered and we can look at reopening, we will make sure you are all kept in the loop.

### **BELONG**

Just because the physical facility is closed, it doesn't mean that we must close as a community. One of Tri Stars values is BELONG and your efforts in staying in touch will help us all to still feel a sense of belonging over the coming weeks. We are committed to keeping communication open and want to encourage everyone to stay connected. Set up messenger groups with your teammates, skype with your coach, Instagram your home 'gym set up', or maybe even pick up the phone!

Ways to communicate with us currently are:

Email – see website for specific staff contact details.

Website – [www.tristar.org.nz](http://www.tristar.org.nz)

Facebook - <https://www.facebook.com/Tristargymnasticsnz>

Instagram - [https://www.instagram.com/tri\\_star\\_gymnastics/](https://www.instagram.com/tri_star_gymnastics/)

We hope to add to this list over the next few weeks.

We will continue to send updates via email as well as uploading them onto the Covid-19 page of our website - <https://tristar.org.nz/covid-19-updates>

### **RESPECT**

Let's make an extra effort to look out for each other. Tri Star members have a long history of mucking in through volunteerism, going the extra mile for people in our community who are in need, and pulling together when facing a challenge. All this speaks to our value of RESPECT; for one another and for what our club offers the community.

Our number one priority this week is to make sure our 'house' is in order, and that our staff are safe and supported. We have made steps towards accessing the **Government Stimulus Package**, are providing remote working solutions, and will set up virtual teams for support and encouragement. I'm sure you will all agree that we are fortunate to have such a highly skilled, athlete centred staff and we want to do our best by them.

Once we are all safely in lockdown and have found a new working rhythm, we will be able to shift our priority to our members and gymnastics community. Please keep an eye on our website, social media and emails for more information.

## EXCEL

We are actively looking into ways to help keep our people moving during this time, and make sure that all our keen athletes can get their gymnastics 'fix' while still in lockdown. It won't be gymnastics as per usual, but our collective drive to EXCEL hasn't been squashed with this new challenge. Perhaps there is an opportunity here to think creatively about how we can keep our athletes engaged.

I can reassure everyone that your remaining fees for Term 1 may be credited to be used once we open again. This applies to both the GFA and Competitive programmes. If you have any queries around Term 1 fees, please contact Jo at [joanne.nichols@tristar.org.nz](mailto:joanne.nichols@tristar.org.nz). We are teasing out some 'virtual tuition' ideas that we think will offer real value and encourage you all to get behind them. It may be that we are able to provide our athletes with a solid alternative to their regular gymnastics experience, and parents an opportunity to continue to financially support the club.

If you are in a position to do so, please let us know if you would like to donate your remaining Term 1 fees to Tri Star to help us better weather this storm. Every little bit helps.

Enrolments for Term 2 are currently closed, but we will keep you updated with developments in this space as we have them.

In the meantime, I just want to extend a big thank you to everyone who has reached out to us with either encouragement or ideas. We are all affected by Covid-19 and it is a great comfort to have such a supportive community behind us.

Stay safe. Be kind. Breathe.



David Phillips

**General Manager**