

Covid-19 Update: 20.03.20.

Firstly I would like to thank the membership for the many messages of support following our communication about Tri Stars response to Covid-19 developments. It is encouraging to us all that we have such an understanding community behind us.

Yesterday the Government announced a **ban on indoor gatherings of more than 100 people**. This does have an impact on how we operate, but fortunately Tri Star has a facility with clearly separated training areas we can take advantage of under these new conditions. These areas include the Competition Gym, Recreation Gym, Multipurpose Rooms and Conference Room. We have had advice from Healthline that all of these spaces can be considered **separate gatherings**.

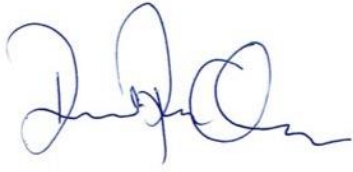
We have taken a day by day, hour by hour inventory of our membership and if we make a few small changes, at no point during the week will we have more than 100 people in any of our training spaces at one time. **We are therefore confident that we can continue to safely deliver our classes.**

As added precautions we will put the following measures into place from Friday 20 March...

- **GFA athletes** will now access the facility via the front doors as per usual, but will now enter the GFA Gym via the ground floor entry (past the coke machine).
- **Competitive athletes** will now access the facility via the fire doors directly opposite the public toilets.
- **GFA athletes** only will have access to the downstairs bathrooms to help facilitate social distancing (1m).
- **Competitive athletes** only will have access to the upstairs bathrooms to help facilitate social distancing (1m).
- **All classes will finish 5 minutes earlier** than the scheduled time to allow for one group to exit before the next group starts. (parents please be ready to collect your children 10 minutes prior to scheduled finish as per the previous communication.)
- The doors between the two gyms **will now be closed** during training.
- A number of **competitive groups will have altered start times** for training to ensure we remain under the 100 person threshold. These will be communicated to them directly.

As always, maintaining good social distance and staying away from training if you are unwell are the best ways to keep everyone safe.

We will continue to monitor and respond to government advice so please check your emails, social media channels and website regularly for updates.

A handwritten signature in blue ink, appearing to read 'D Phillips', with a stylized flourish at the end.

David Phillips
General Manager