



19.03.20 - 2:00pm.

Dear Tri Star Community,

I'm sure you are all keeping up to date with the developments and impact of Covid-19 virus (Coronavirus). The Tri Star board of trustees and leadership team have been assessing the risk this presents to our members using information from the Ministry of Health, Ministry of Education, Gymnastics New Zealand and observing trends and responses in the gymnastics community internationally. While I am pleased to communicate that **we have not had any reported cases of coronavirus** affecting any of our membership, the situation is evolving on a daily basis. With very real risks to members of our community increasingly apparent, we need to review our position on a number of fronts.

We recognise that exercise is vital for wellbeing and that many of our competitive gymnasts are training hard for targets both in this season and beyond. We want to provide continuity of training for our athletes where it is safe to do so, and we have been working hard to create an environment where we can achieve this.

At this stage the number of people gathering at one time in the facility fall well under the government recommendation (500), but the confined nature of our facility and meeting spaces make maintaining social distance (2m), and monitoring effective hygiene practises difficult. These factors are further challenged when we have visitors to our facility from outside our community and lines of communication. This then increases the risk to everyone; athletes, families, staff and volunteers.

Tri Star will now apply the following actions from Friday 20 March. A review of the content below will occur on 20 April, 2020 (or before as required).

PROGRAMMES

- Tri Star will continue to run our classes, to that end **enrolments for term 2 classes will open on 20 March.**
- Tri Star will now **postpone the launch of the NZ Squash / Unitec Satellite** until further notice.
- Tri Star will **continue to run our Holiday Programme** and registrations open 20 March. We will however restrict attendees to previous attendees and members only.
- All programmes will commence as advertised, but this situation is subject to Ministry of Health, Ministry of Education and Gymnastics New Zealand guidelines .

(We recognize these are anxious times for everyone. As we are taking precautions to make our environment a safe one fee credits for the remainder of term 1 will only be available to those who are unable to attend classes due to Ministry of Health guidelines. A medical certificate or flight details will be required. We will do our best to be flexible in our approach.)

EVENTS / CAMPS

Events have been a topic of stringent discussion within the leadership. It is our view that at this time the best course of action is to limit interactions with people outside of the Tristar community, for their welfare and ours. To that end;

- Tri Star will **not host any events/camps** with visitors outside of our membership.
- Tri Star athletes, coaches and volunteers will **not attend any external events/camps**.

(Further communication to competitive members will follow with more details about events.)

STAFF

- David (General Manager), Misha (MAG Coordinator) and Ethan (athlete) will continue to remain in **self isolation** from their return to NZ until 30 March. David and Misha are still able to be contacted via email.
- Where Athletes or staff are in cohabitating with someone in self – isolation. They are following the strict MoH guidelines to keep themselves safe.
<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-novel-coronavirus-health-advice-general-public/covid-19-self-isolation>
- Staff will **work onsite** where possible, and when at the facility will maintain social distance.
- We have removed **large group meetings** and will only meet in smaller programme groups (2-4 people).
- Coaches have been advised to take a **'hands off' approach** to athlete instruction where safe to do so.

FACILITY

- **Daily cleaning** of the public spaces and facilities (as opposed to the current 3 x / week).
- Daily **disinfecting of high use equipment** inside the gymnasiums at the end of each night.
- **Restricted office hours** 9:30-4:30pm (please only use if essential).
- Continued **provision of hand sanitiser** (although this is getting harder to source so we would request that if possible please bring your own.)
- Tri Star will only be open to members and long term hirers. We have temporarily **postponed or cancelled any external bookings**.
- **Reduced** parent / caregiver viewing ...

8+ years

- Caregivers to drop off and pick up **outside** the facility only.
- Strictly no viewing access.

(Please park your cars and walk to facility to drop off/collect your children to avoid traffic congestion outside the facility and refrain from using the parent/child parks unless eligible to do so. Please be on time for pick up and make yourself visible so your child can be released).

5-7 years

- Caregivers to drop off **inside** the facility then leave as quickly as is reasonable for the duration of class.

- Caregivers to then pick up **outside** the facility. The programme coaches will deliver your child to the front doors.

(Please park your cars and walk to facility to drop off/collect your children to avoid traffic congestion outside the facility and refrain from using the parent/child parks unless eligible to do so. Please be on time for pick up and make yourself visible so your child can be released).

2-4 years

- Caregivers have **full access** to viewing spaces in the facility due to the age of children, but must practise social distance (2m).

(Caregivers and children must promptly leave the facility following the end of their class.)

ATHLETES

- All athletes and coaches will be directed to wash their hands **before** entering the training gymnasiums, and then their names will be checked off the attendance role. Athletes will then be instructed to wash or sanitise their hands between each apparatus change (approximately every 45 minutes).
- Athletes are **no longer able to drink directly from the drinking fountain** . Athletes may fill their own drink bottles. Any drink bottles left on the gym floor at the facility will be disposed of daily (please remind your children to take theirs home).
- Please do not attend classes or enter the facility **if you feel unwell** or are showing any cold or flu symptoms. Please let us know if this is the case.
- **Do not attend gym** or enter the facility for 14 days if you have arrived in New Zealand from abroad (other than the Pacific Islands) after 14 March.

**A review of the content above will occur on 20 April, 2020
(or before as required).**

We will continue to monitor the overall coronavirus situation daily and will communicate any changes or updates with you as much as we are able. We understand that this is an unsettling time and please if you have any questions just get in touch.

Thank you again for your commitment to the club and for your understanding during this uncertain time.

Kind Regards,

A handwritten signature in blue ink, appearing to read "David Phillips".

David Phillips
General Manager