



Position Description

Position Title: Programme Coach (MAG), Tri Star Gymnastics Club

Reports to: Lead Coach (MAG), Tri Star Gymnastics Club

Location: Auckland Regional Gymsports Centre, Keith Hay Park, Mt Roskill, Auckland

TRI STAR VISION – Growing gymnastics, Growing people, Growing champions

Tri Star's vision is to develop gymnastics programmes and grow participation in recreational and sporting activities that meet community needs, giving every participant the opportunity to be the best that they can, and provide programmes for those with ambition to achieve regional, national and international honours.

POSITION OBJECTIVE

- ☐ To assist with the development of the Tri Star MAG programme and it's athletes, to enable our athletes to realise their individual potential. Coaching athletes up to Level 6, with the potential to also contribute to the MAG SNR space.

SKILLS REQUIRED

- ☐ Minimum of JNR MAG level gymnastics coaching qualification (or working towards)
- ☐ Long term, season and session planning experience.
- ☐ Ability to work unsupervised, self-motivated, positive attitude, self-confident, with the maturity to share the vision.
- ☐ Adaptable - can adopt a best practice approach to coaching to suit the Tri Star and New Zealand gymnastics environment.
- ☐ Able to work collaboratively with the Tri Star team of coaches.
- ☐ Relationship management skills and a customer service focus.
- ☐ Basic IT skills (word, excel, email).

ROLES AND RESPONSIBILITIES

To ensure the club's goals are met, the Programme Coach (MAG) will fulfil the following duties:

Coaching

- ☐ To coach a minimum of 12 hours / week with the potential for up to 20 hours per week.
- ☐ Should be available to coach on Saturdays.
- ☐ To assist athletes in competition / training camps as required.
- ☐ To assist the selection of athletes into the MAG programme and conduct ongoing testing / monitoring of athletes in the MAG programme.

Planning

- ☐ To assist with the implementation of MAG programme development plans in conjunction with MAG Lead Coach, and assist in the completion of specific athlete development plans (for personal athletes)
- ☐ To contribute to the formation and delivery of the competitive programme calendar

Club Culture

- ☐ Participate in and encourage all MAG events and programme initiatives.
- ☐ Be responsible for the training, conduct, safety and discipline of gymnasts at all times when they are under your supervision.
- ☐ Coach all athletes fairly, using positive reinforcement.
- ☐ Know, promote and adhere to all club rules, policies and values.

Administration

- ☐ Attend relevant staff meetings and staff development days when possible.
- ☐ Attend appropriate events to maintain coaching qualifications and ensure relevant ongoing professional development.
- ☐ Attend on-the-job safety, skills and development training as required from time to time.
- ☐ Be familiar with the correct Health and Safety (e.g. first aid) procedures and comply with reporting requirements.
- ☐ Ensure equipment is checked regularly, particularly prior to use and comply with equipment safety reporting requirements.
- ☐ Assist with events at the club where appropriate.
- ☐ To provide cleaning and clean up direction to MAG groups at end of training.

Customer Service

- ☐ To build long term positive relationships with members (athletes) parents of members, staff and other key stakeholders of the club.
- ☐ To work as directed by the Lead Coach (MAG).

General Info

- ☐ This is a part time role with a ideal start date of 6 October 2025. Days and times are to be determined based on group training needs and availability of successful candidate.
- ☐ When required to work at Events and Competitions and this work falls outside their normal working hours the Programme coach is entitled to be paid as per the Tri Star policy.

To apply for this role, please send a CV and Cover letter to our competition manager at paul.fischetti@tristar.org.nz.

Applications close 1st October 2025 or once the position has been filled.