

2025 TRI STAR NOVICE CHAMPS TIMETABLE SUNDAY 4TH MAY

SESSION 1

Warmup 8.00am

Compete 8.30am

Girls - Level 1

Boys - Level 1-4

SESSION 2

Warmup 10.15am

Compete 10.45am

Girls - Level 2

Boys - Level 5-6

SESSION 3

Warmup 12.45pm

Compete 1.15pm

Girls - Level 3-4

SESSION 4

Warmup 3.30pm

Compete 4.00pm

Girls - Level 5-7

Door charge: \$5.00 for Adults

Under 16 is free

There will be a canteen and BBQ running on the day



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GYMNASTICS

2025 TRI STAR NOVICE TUMBLE TIMETABLE SUNDAY 4TH MAY

SESSION 1

Warmup 3.00pm
Compete 3.15pm

Tumble Level 4-6

SESSION 2

Warmup 3.30pm
Compete 4.00pm

Tumble Level 3

SESSION 3

Warmup 4.30pm
Compete 4.45pm

Tumble Level 1 & 2

Door charge: \$5.00 for Adults
Under 16 is free

There will be a canteen and BBQ running on the day



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