

GYM FOR ALL

2025

UNDER 5'S

55 ARUNDEL STREET, MT ROSKILL

		GYMTOTS	GYMTOTS			
		0-2 YEARS 9.30-10,15	0-2 YEARS 9.30-10.15		GYMTOTS 0-2 YEARS 9.00-9.45 9.45-10.30	
PLAYGYM 2-4 YEARS 10.30-11.15 4.45-5.30 PLAYGYM PLUS 3/4 YEARS 9.30-10.30 3.45-4.45	PLAYGYM 2-4 YEARS 10.30-11.15 PLAYGYM PLUS 4 YEARS 9.30-10.30	PLAYGYM 2-4 YEARS 10.30-11.15 4.45-5.30 5.30-6.15 PLAYGYM PLUS 4 YEARS 1.30-2.30 3.45-4.45	PLAYGYM 2-4 YEARS 10.30-11.15 12.45-1.30 4.00-4.45 PLAYGYM PLUS 4 YEARS 11.30-12.30 1.30-2.30	PLAYGYM 2-4 YEARS 8.30-9.15 9.15-10.00 10.00-10.45 PLAYGYM PLUS 4 YEARS 8.30-9.30 9.30-10.30	PLAYGYM 2-4 YEARS 10.15-11.00 10.30-11.15 PLAYGYM PLUS 4 YEARS 9.15-10.15	
CLASS TYPES: (MTOTS (0-2 YEARS): CRAWLERS WHO CLIMB AND WALKERS. A OMBINATION OF FREETIME AND STRUCTURED LEARNING, ADULT ARTICIPATION REQUIRED AYGYM (2-4 YEARS): WARM UP, STRETCH AND STRUCTURED CIRCUITS OLLOWED BY A BIT OF FREETIME AYGYM PLUS (3/4 YEARS): EXPERIENCED PLAYGYMER WHO		CLASS FEE 45 MINS \$18/SI 1 HOUR \$20/SES FEES ARE CHARGI TERM BASED ON NU	1 HOUR \$20/SESSION FEES ARE CHARGED PER TERM BASED ON NUMBER OF		10.30–11.30 TERM DATES TERM 1 28TH JANUARY – 13TH APRIL TERM 2 28TH APRIL – 29TH JUNE TERM 3 14TH JULY – 21ST SEPTEMBER TERM 4 6TH OCTOBER – 21ST DECEMBER	
	2-4 YEARS 10.30-11.15 4.45-5.30 PLAYGYM PLUS 3/4 YEARS 9.30-10.30 3.45-4.45 ASS TYPES: ASS TYPES: ASS WHO CLIMB AND WARD OF STRUCTURED LEARN P, STRETCH AND STRUE	2-4 YEARS 10.30-11.15 4.45-5.302-4 YEARS 10.30-11.15 10.30-11.15VLAYGYM PLUS 3/4 YEARS 9.30-10.30 3.45-4.45PLAYGYM PLUS 4 YEARS 9.30-10.30 9.30-10.30SS TYPES: RS WHO CLIMB AND WALKERS. A STRUCTURED LEARNING, ADULTP., STRETCH AND STRUCTURED CIRCUITS IE	PLAYGYM PLAYGYM 2-4 YEARS 2-4 YEARS 10.30-11.15 10.30-11.15 4.45-5.30 PLAYGYM PLAYGYM PLUS PLAYGYM PLUS 3/4 YEARS 9.30-10.30 3.45-4.45 PLAYGYM PLUS 4.5-5.30 PLAYGYM PLUS 3/4 YEARS 9.30-10.30 3.45-4.45 PLAYGYM PLUS 4 YEARS 9.30-10.30 3.45-4.45 PLAYGYM PLUS KSS TYPES: CLASS FEI RS WHO CLIMB AND WALKERS. A 5 MINS STRUCTURED LEARNING, ADULT 4 S MINS P, STRETCH AND STRUCTURED CIRCUITS FEES ARE CHARG TEMEMORY FEES ARE CHARG TEMEMORY FEES ARE CHARG	PLAYGYM 2-4 YEARS 10.30-11.15PLAYGYM 2-4 YEARS 10.30-11.15PLAYGYM 2-4 YEARS 10.30-11.15PLAYGYM 2-4 YEARS 10.30-11.15A45-5.301.30-11.151.30-11.151.45-1.30A45-5.301.30-11.151.45-5.304.00-4.45SAYGYM PLUS 3/4 YEARS 9.30-10.30YEARS 9.30-10.30PLAYGYM PLUS 4 YEARS 1.30-2.30PLAYGYM PLUS 4 YEARS 1.30-2.30PLAYGYM PLUS 4 YEARS 1.30-2.30PLAYGYM PLUS 4 YEARS 1.30-2.30SS TYPES:CLASS FEES:Sister Sister Sis	PLAYGYM 2-4 YEARS 10.30-11.15PLAYGYM 2-4 YEARS 10.00-4.45PLAYGYM PLUS 4.00-4.45PLAYGYM PLUS 4.00-4.00PLAYGYM PLUS 4.00-4.00PLAYGYM PLUS 4.00-4.00PLAYGYM PLUS 4.00-4.00PLAYGYM PLUS 4.00-4.00PLAYGYM PLUS 4.00-4.00	

PLAYGYM PLUS (3/4 YEARS): EXPERIENCED PLAYGYMER WHO DEMONSTRATES PHYSICAL COMPETENCE AND INDEPENDENCE. NO ADULT PARTICIPATION ALLOWED (EXCEPT DURING FREETIME)

GYN CON PAR PL/ FOL

NO CLASSES RUN ON PUBLIC HOLIDAYS

TO ENROL PLEASE VISIT OUR WEBSITE WWW.TRISTAR.ORG.NZ