



2025 T&T GIRLS

13+ YRS



Required Uniform

GK Girls Leotard - \$430.00

Tri Star Branded Tights - \$60.00

Tracksuit Jacket - \$90.00

Optional Uniform

White Comp Nike Shirt: - \$70.00

Black Shorts - \$30.00

GK Leotards - Size Guide

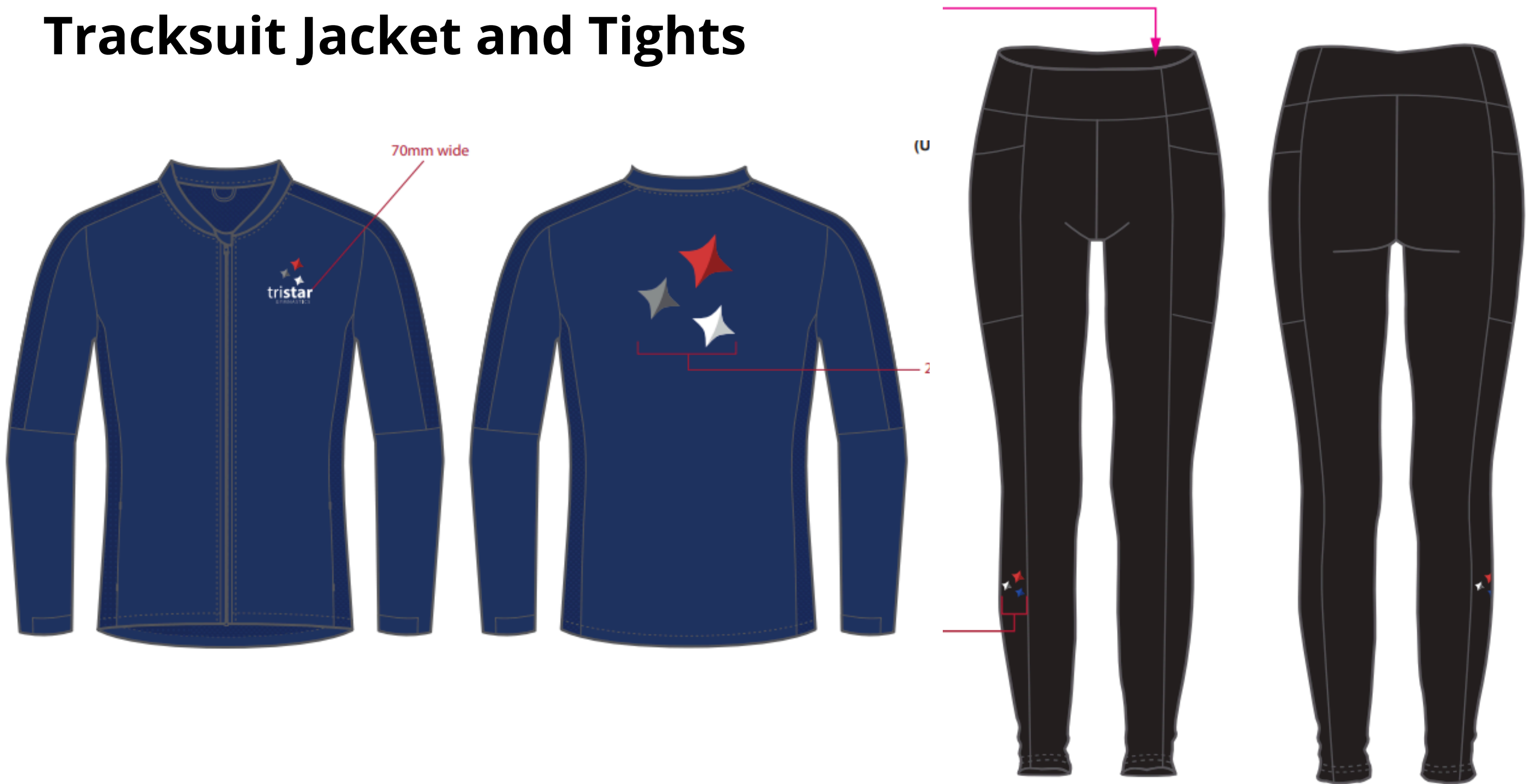
SLEEK FIT	CHEST	WAIST	HIP	TORSO	LONG TORSO	SHORT TORSO
CXXS**	17-19	19-19	19-21	37-39	40-42	34-36
CXS	20-22	19-21	22-24	40-42	43-45	37-39
CS	23-26	21-22	25-27	43-45	46-48	40-42
CM	26-29	22-23	29-29	46-48	49-51	43-45
CL	29-31	23-25	30-31	49-51	52-54	46-48
AXS	32-34	23-25	32-34	52-54	55-56	49-51
AS	33-35	25-26	33-35	55-56	57-59	52-54
AM	35-36	26-27	35-36	57-59	60-62	55-56
AL	36-37	28-29	37-38	60-62	63-65	57-59
AXL	37-39	29-30	39-40	63-65	65-67	60-62



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Tracksuit Jacket and Tights



Item/Size	4/6	8	10	12	14	XS	S	M	L	XL
Track Jacket										
Half Chest (cm)	43.5	45.5	47.5	49.5	51.5	52	54.5	57	59.5	62
Body Length (cm)	48	51	54	57	60	62	64	66	68	70
Tights (Full Length)										
Half Waist (cm)		22.5	24	25.5	27	27.5	30	32.5	35	37.5
Outer Leg Length (cm)		64	66	68	70	71.5	73	74.5	76	77.5



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White Competition Nike Shirt (optional)

Nike Womens Sizing Chart

Size	Bust (cm)	Waist (cm)	Hip (cm)
S	83-90	67-74	91-98
M	90-97	74-81	98-105
L	97-104	81-88	105-112
XL	104-114	88-98	112-120

Nike Youth Sizing Chart

Size	Chest (cm)	Waist (cm)	Hip (cm)
YXS	64.5-66	59.5-61.5	68.5-71
YS	66-69	61.5-65	71-74.5
YM	69-75	65-69	74.5-79.5
YL	75-81.5	69-72.5	79.5-84.5
YXL	81.5-88.5	72.5-75.5	84.5-89.5

Nike Adult Unisex Sizing Chart

Size	Chest (cm)	Waist (cm)	Hip (cm)
S	88-96	73-81	88-96
M	96-104	81-89	96-104
L	104-112	89-97	104-112
XL	112-124	97-109	112-120
2XL	124-136	109-121	120-128



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Shorts (Optional)

Girls Size XS / S / M / L
Adults XS / S / M / L

SIZE	CHEST	WAIST	HIPS	GIRTH	SLEEVE
Child X-Small	50.8 - 55.9 cm	45.7 - 50.8 cm	50.8 - 55.9 cm	91.4 - 96.5 cm	35.6 cm
Child Small	55.9 - 61 cm	48.3 - 53.3 cm	55.9 - 61 cm	99.1 - 104.1 cm	37.5 cm
Child Medium	61 - 66 cm"	50.8 - 55.9 cm	61 - 66 cm	106.7 - 111.8 cm	40.6 cm
Child Large	66 - 73.7 cm"	53.3 - 58.4 cm	66 - 73.7 cm	114.3 - 119.4 cm	43.2 cm
Adult X-Small	71.1 - 78.7 cm	58.4 - 63.5 cm	71.1 - 78.7 cm	121.9 - 127 cm	47.7 cm
Adult Small	76.2 - 83.8 cm	61 - 66 cm	76.2 - 83.8 cm	129.5 - 137.2 cm	50.2 cm
Adult Medium	86.4 - 94 cm	63.5 - 68.6 cm	86.4 - 94 cm	139.7 - 147.3 cm	52.1 cm
Adult Large	91.4 - 99.1 cm	68.6 - 73.7 cm	91.4 - 99.1 cm	139.7 - 157.5 cm	54.6 cm
Adult X-Large	96.5 - 104.1 cm	71.1 - 76.2 cm	96.5 - 104.1 cm	157.5 - 162.6 cm	57.2 cm